

## Sentimental Journeys Web Bonus: Her Happy Hearts

Designed by Megan Johnson

### Finished Quilt Size

58" x 58"

**Note:** Appliqué template is given without seam allowance.

### Number of Blocks and Finished Size

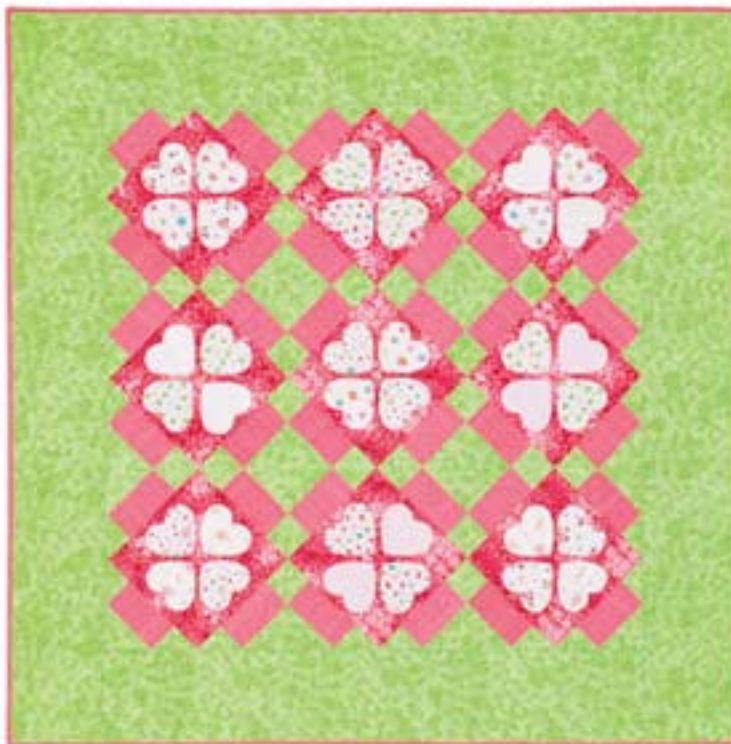
9 Heart Blocks 10" x 10"

4 Counterpane Blocks 10" x 10"

### Planning

The hearts in Megan's charming appliquéd blocks are cut from assorted pastel baby shirts and Onesies®. What a sweet cuddly for any little girl!

We suggest you cut the shirts apart at the seams and then back the larger sections of fabric with fusible web prior to cutting. If you choose to cut your hearts from yardage rather than shirts, you will need 1-1 1/4 yds. total of assorted pastels.



### Fabric Requirements

Assorted pastel baby shirts (hearts)	8-12 shirts total*
Dark pink floral (Heart Blocks)	1 yd.
Lime green batik (Counterpane Blocks, setting triangles, outer border)	2 1/2 yds.
Dark pink check (Counterpane Blocks, setting triangles, bias-cut binding)	1 3/8 yds.
Paper-backed fusible web	2 yds.
Backing	3 7/8 yds.
Batting size	Twin

\* See **Planning**.



### Cutting Instructions

**Note:** Cutting instructions for appliqué shape are given on template.

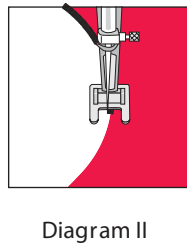
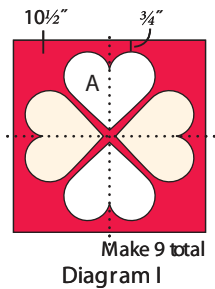
Dark pink floral	9 squares 10 1/2" x 10 1/2"
Lime green batik	*2 strips 8" x 62", cut on lengthwise grain
	*2 strips 8" x 47", cut on lengthwise grain
	2 strips 3" x width of fabric (WOF)
	1 strip 5 1/2" x WOF
	6 squares, 4 7/8" x 4 7/8", cut in half twice diagonally to make 24 quarter-square triangles
	2 squares 8 3/8" x 8 3/8", cut in half twice diagonally to make 8 quarter-square triangles
	8 squares 3" x 3"
	2 squares 4 1/2" x 4 1/2", cut in half diagonally to make 4 half-square triangles
Dark pink check	*1 square 28" x 28" (bias-cut binding**)
	1 strip 5 1/2" x WOF
	2 strips 3" x WOF
	20 rectangles 3" x 5 1/2"

\*Cut first.

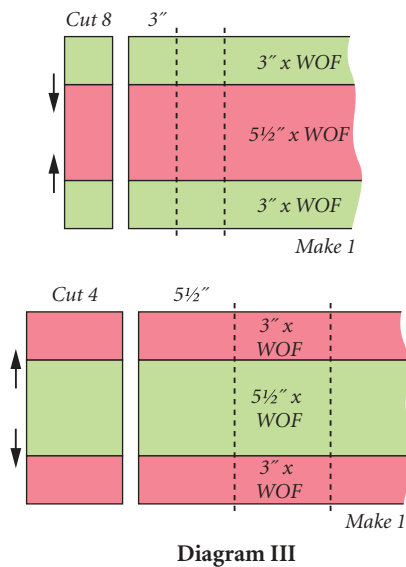
\*\*For help with making bias-cut binding from a square, go to [MccallsQuilting.com](http://MccallsQuilting.com), click on Lessons, then Continuous Bias.

### Appliquéing and Piecing the Blocks

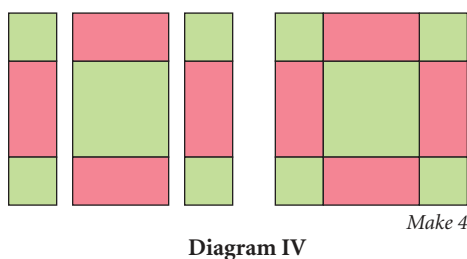
1 Referring to **Diagram I**, finger-press dark pink floral 10 1/2" square on both length and width. Using folds as placement guide, position 2 pairs of matching hearts on square, aligning centers of hearts with folds and placing tops of hearts 3/4" from raw edges. Appliqué in place to make Heart Block. Make 9 total. Megan machine satin stitched the edges of her hearts (**Diagram II**). Do likewise if you wish.



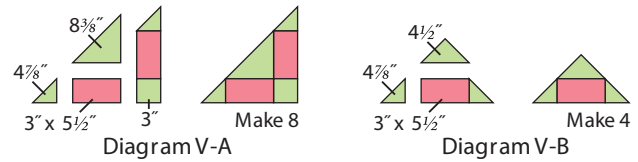
2 Sew 2 lime 3" strips to pink check 5 1/2" strip as shown (**Diagram III**). Press in direction of arrows. Cut 8 segments 3" wide. In same manner, sew 2 check 3" strips to lime 5 1/2" strip. Press in direction of arrows. Cut 4 segments 5 1/2" wide.



3 Sew 3 segments together to make Counterpane Block. Make 4.



4 **Note:** The lime triangles used to piece the setting triangles and corner triangles are cut slightly oversized to allow trimming quilt edges even after assembly. Referring to **Diagram V-A**, sew triangles, rectangles, and square together to make setting triangle. Make 8. In similar manner, stitch triangles and rectangle together to make corner triangle. Make 4.



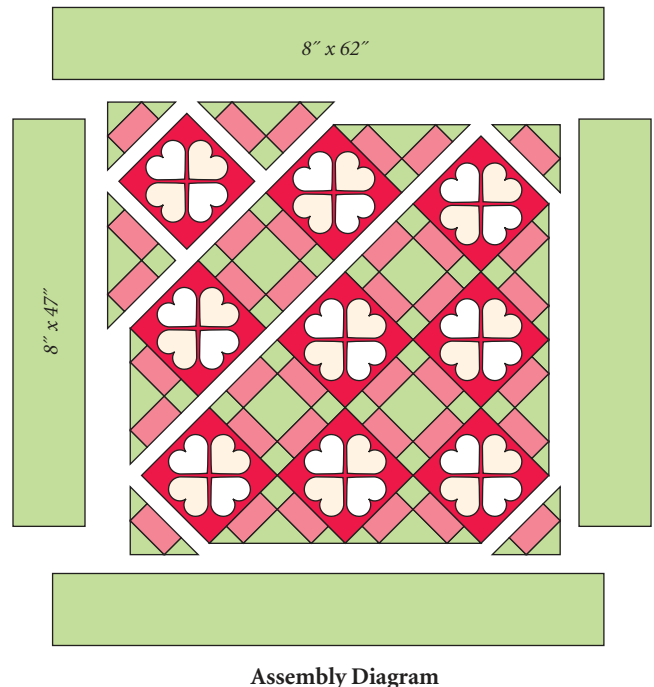
### Quilt Top Assembly

**Note:** Refer to **Assembly Diagram** and **photo** for following steps.

- Sew 5 diagonal rows using setting triangles and blocks. Stitch rows together. Sew corner triangles to corners. **Trim** edges even, if needed.
- Sew lime 47" strips to sides; trim even with top and bottom. Sew remaining lime strips to top/bottom; trim even with sides.

### Quilting and Finishing

7 Layer, baste and quilt. Megan machine edge-quilted the hearts and stitched a continuous vine and heart design on the rest of the quilt. Bind with bias-cut dark pink check.



## Sentimental Journeys Web Bonus: Her Happy Hearts Template

